

A stylized logo element consisting of a dark brown, curved shape that resembles a stylized letter 'C' or a flourish, positioned above the main text.

**SANO E  
SAZIO®**

# PROJECT

Through the experience achieved in the bakery and communication field, **Sano e Sazio** was founded in **2019**.

A company applied of functional food creation which, associated with a healthy lifestyle, reduces the sense of hunger before the main meals and provides an adequate nutrients amount.

The idea was born because **Sano e Sazio** believes that a healthy diet must also be practical. For this it developed **Spezza.fame by Sano e Sazio**, a vegetable snack with a high protein content, enriched with #superfood such as **spirulina, baobab and moringa**.

The **Spezza.fame by Sano e Sazio** project has already received many awards.

**Sano e Sazio** was selected by the **itemHUB** incubator and won a **Puglia Region** proclamation: **PIN - Pugliesi Innovativi**.

Recently it has been selected by the innovation HUB of the **Crédit Agricole - Le Village** group and it has been awarded by **Cibus of Parma** which admitted it as **FOOD INNOVATION START UP @CIBUS 2021**.

# Spezza.fame

## BY SANO E SAZIO

*Spezza.fame by Sano e Sazio* is a protein chip created with rice, chickpeas and proteins pea that gives a sense of satiety thanks to the presence of proteins. It is a 100% vegetable organic product.

All the ingredients have been carefully selected in order to reproduce all the aminoacid chain.

*Spezza.fame by Sano e Sazio* is a blend of legumes and cereals.

It is an irregular cylindrical shaped extrusion, its color varies depending on the superfood or aroma it contained. Its flavor is very pleasant and crunchy "one leads to another".

The product stations as a hunger breaker thanks to the high vegetable protein content and through its technical characteristics can be found in specialized shops, pharmacies, parapharmacies, selected bars, naturaSi and similar.

Its design is very clean and all the ingredients, strictly organics, are translated into six languages. **Sano e Sazio** takes particularly care to this product because it contains the satiating break function without forgetting the pleasure of a snack.



# NATURAL

with sea salt

Snack a base di riso, proteine di pisello e ceci.

**Ingredienti:** Farina di riso (64%)\*, proteine di pisello (29%)\*, farina di ceci\* (6%), sale (1%).

Snacks made with rice, pea protein and chickpeas.

**Ingredients:** Rice flour (64%)\*, pea protein (29%)\*, chickpea flour\* (6%), salt (1%).

Snack à base de riz, de protéines de pois et de pois chiches.

**Ingédients:** Farine de riz (64%)\*, protéines de pois (29%)\*, farine de pois chiches\* (6%), sel (1%).

Snack a base de arroz, proteína de guisante y garbanzos.

**Ingredientes:** Harina de arroz (64%)\*, proteína de guisante (29%)\*, harina de garbanzo\* (6%), sal (1%).

Snack auf Basis von Reis, Erbsenprotein und Kichererbsen.

**Zutaten:** Reismehl (64%)\*, Erbsenprotein (29%)\*, Kichererbsenmehl\* (6%), Salz (1%).

\*Prodotto biologico / \*Organic product / \*Produit biologique / \*Producto orgánico / \*Bio-Produkt

**IT** VALORI NUTRIZIONALI MEDI PER **EN** TYPICAL VALUES PER **FR** VALEURS NUTRITIONNELLES MOYENNES POUR **ES** VALORES NUTRICIONALES PROMEDIO POR **DE** DURCHSCHNITTLICHE NÄHRWERTE FÜR

	100 g	30 g
Energia/Energy/Energie/Energía/Energie	1667 kJ 394 kcal	501 kJ 118 kcal
Grassi/Fat/Lipides/Grasas/Fett	4,1 g	1,2 g
di cui saturi/of which saturates/dont acides gras saturés/de las cuales ácidos grasos saturados/davon gesättigte Fettsäuren	0,7 g	0,2 g
Carboidrati/Carbohydrate/Glucides/Hidrato de carbono/Kohlenhydrate	59 g	18 g
di cui zuccheri/of which sugars/dont sucres/de los cuales azúcares/davon Zucker	3,8 g	1,1 g
Fibre/Fibre/Fibres alimentaires/Fibra alimentaria/Ballaststoffe	0,8 g	0,2 g
Proteine/Protein/Protéines/Proteínas/Eiweiß	30 g	9 g
Sale/Salt/Sel/Sal/Salz	0,96 g	0,29 g

**IT** Da consumarsi preferibilmente entro il **EN** Best Before **FR** à consommer de préférence avant le **ES** consumir preferentemente antes del **DE** mindestens haltbar bis:



Organic product  
100% vegetable  
Preservative free  
Lactose-free  
Gluten free  
High protein  
Made in Italy

*"Spezza.fame by Sano e Sazio are designed to guarantee maximum taste with minimum caloric impact to overcome those moments of the day when hunger comes suddenly. Formulated with BIO certified ingredients, Spezza.fame by Sano e Sazio is a protein chip made with rice, pea protein and chickpeas that breaks hunger with taste. It is an ORGANIC product, 100% vegetable, suitable for everyone."*

# ERBE AROMATICHE

with spirulina

Snack a base di riso, proteine di pisello e ceci, alle erbe aromatiche.

**Ingredienti:** Farina di riso\* (52,4%), proteine di pisello\* (24%), aroma naturale erbe aromatiche\* (9%) (Farina di riso\*, sale, cipolla in polvere\*, aglio in polvere\*, origano in polvere\*, rosmarino in polvere\*, estratto di lievito\*), olio di girasole alto oleico\*(8%), farina di ceci\* (6%), spirulina\* (0,4%), prezzemolo\* (0,1%), origano\* (0,1%).

Rice, pea protein and chickpea snacks with herbs.

**Ingredients:** Rice flour\* (52,4%), pea protein\* (24%), natural flavoring herbs\* (9%) (Rice flour\*, salt, onion powder\*, garlic powder\*, oregano powder\*, rosemary powder\*, yeast extract\*), high oleic sunflower oil\*(8%), chickpea flour\* (6%), spirulina\*(0.4%), parsley\*(0.1%), oregano\*(0.1%).

Snack à base de riz, de protéines de pois et de pois chiches, avec des herbes.

**Ingédients:** Farine de riz\* (52,4%), protéines de pois\* (24%), herbes aromatiques naturelles\* (9%) (Farine de riz\*, sel, poudre d'oignon\*, poudre d'ail\*, poudre d'origan\*, poudre de romarin\*, extrait de levure\*), huile de tournesol riche en acide oléique\* (8%), farine de pois chiches\* (6%), spiruline\* (0,4%), persil\* (0,1%), origan\* (0,1%).

Snack a base de arroz, proteína de guisante y garbanzo, con hierbas.

**Ingredientes:** Harina de arroz\* (52,4%), proteína de guisante\* (24%), hierbas aromáticas naturales\* (9%) (Harina de arroz\*, sal, cebolla en polvo\*, ajo en polvo\*, orégano en polvo\*, romero en polvo\*, extracto de levadura\*), aceite de girasol alto oleico\*(8%), harina de garbanzos\* (6%), espirulina\*(0,4%), perejil\*(0,1%), orégano\*(0,1%).

Snack auf Basis von Reis, Erbsenprotein und Kichererbse, mit Kräutern.

**Zutaten:** Reismehl\* (52,4%), Erbsenprotein\* (24%), natürliche Aromakräuter\* (9%) (Reismehl\*, Salz, Zwiebelpulver\*, Knoblauchpulver\*, Oregano Pulver\*, Rosmarinpulver\*, Hefeextrakt\*), hoch-ölsäurereiches Sonnenblumenöl\* (8%), Kichererbsenmehl\* (6%), Spirulina\* (0,4%), Petersilie\* (0,1%), Oregano\* (0,1%).

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IT VALORI NUTRIZIONALI MEDI PER EN TYPICAL VALUES PER FR VALEURS NUTRITIONNELLES MOYENNES POUR ES VALORES NUTRICIONALES PROMEDIO POR DE DURCHSCHNITTLICHE NÄHRWERTE FÜR

	100 g	30 g
Energia/Energy/Energie/Energía/Energie	1813 kJ 431 kcal	544 kJ 129 kcal
Grassi/Fat/Lipides/Grasas/Fett	13 g	3,9 g
di cui saturi/of which saturates/dont acides gras saturés/de las cuales ácidos grasos saturados/davon gesättigte Fettsäuren	1,2 g	0,4 g
Carboidrati/Carbohydrate/Glucides/Hidrato de carbono/Kohlenhydrate	50 g	15 g
di cui zuccheri/of which sugars/dont sucres/de los cuales azúcares/davon Zucker	3,6 g	1,1 g
Fibre/Fibre/Fibres alimentaires/Fibra alimentaria/Ballaststoffe	0,8 g	0,2 g
Proteine/Protein/Protéines/Proteínas/Eiweiß	28 g	8,4 g
Sale/Salt/Sel/Sal/Salz	2,6 g	0,78 g

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Organic product  
100% vegetable  
Preservative free  
Lactose-free  
Gluten free  
High protein  
Made in Italy

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# MEDITERRANEO

with moringa

Snack a base di riso, proteine di pisello e ceci, al gusto mediterraneo.

**Ingredienti:** Farina di riso\* (53%), proteine di pisello\* (24%), aroma naturale mediterraneo\*(9%) (Farina di riso\*, sale, paprika dolce in polvere\*, cipolla in polvere\*, zucchero di canna\*, origano\*, estratto di lievito\*, pomodoro in polvere\*, aceto in polvere\*, paprika affumicata in polvere\*), olio di girasole alto oleico \*(8%), farina di ceci\* (5,6%), moringa (0,4%) \*.

Snack made with rice, pea protein and chickpeas, with Mediterranean flavor.

**Ingredients:** Rice flour\* (53%), pea protein\* (24%), natural mediterranean aroma\*(9%) (Rice flour\*, salt, sweet paprika powder\*, onion powder\*, brown sugar\*, oregano\*, yeast extract\*, tomato powder\*, vinegar powder\*, smoked paprika powder\*), high oleic sunflower oil \*(8%), chickpea flour\* (5,6%), moringa (0.4%) \*.

Snack à base de riz, de protéines de pois et de pois chiches, au goût méditerranéen.

**Ingédients:** Farine de riz\* (53%), protéines de pois\* (24%), arôme naturel méditerranéen\*(9%) (Farine de riz\*, sel, poudre de paprika doux\*, poudre d'oignon\*, sucre brun\*, origan\*, extrait de levure\*, poudre de tomate\*, poudre de vinaigre\*, poudre de paprika fumé\*), huile de tournesol riche en acide oléique\*(8%), farine de pois chiches\* (5,6%), moringa (0,4%) \*.

Snack a base de arroz, proteína de guisante y garbanzos, con sabor mediterráneo.

**Ingredientes:** Harina de arroz\* (53%), proteína de guisante\* (24%), aroma natural mediterráneo\*(9%) (Harina de arroz\*, sal, pimentón dulce en polvo\*, cebolla en polvo\*, azúcar moreno\*, orégano\*, extracto de levadura\*, tomate en polvo\*, vinagre en polvo\*, pimentón ahumado en polvo\*), aceite de girasol alto oleico\*(8%), harina de garbanzos\* (5,6%), moringa (0,4%) \*.

Snack aus Reis, Erbsenprotein und Kichererbsen, mit mediterranem Geschmack.

**Zutaten:** Reismehl\* (53%), Erbsenprotein\* (24%), Mediterranes Naturaroma\*(9%) (Reismehl\*, Salz, süßes Paprikapulver\*, Zwiebelpulver\*, brauner Zucker\*, Oregano\*, Hefeextrakt\*, Tomatenpulver\*, Essigpulver\*, geräuchertes Paprikapulver\*), hoch-ölsäurereiches Sonnenblumenöl\*(8%), Kichererbsenmehl\* (5,6%), Moringa (0,4%) \*.

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Grassi/Fat/Lipides/Grasas/Fett	13 g	3,9 g
di cui saturi/of which saturates/dont acides gras saturés/de las cuales ácidos grasos saturados/davon gesättigte Fettsäuren	1,1 g	0,3 g
Carboidrati/Carbohydrate/Glucides/Hidrato de carbono/Kohlenhydrate	52 g	16 g
di cui zuccheri/of which sugars/dont sucres/de los cuales azúcares/davon Zucker	3,9 g	1,2 g
Fibre/Fibre/Fibres alimentaires/Fibra alimentaria/Ballaststoffe	0,8 g	0,2 g
Proteine/Protein/Protéines/Proteínas/Eiweiß	27 g	8,1 g
Sale/Salt/Sel/Sal/Salz	2,1 g	0,63 g

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# A STUDY

*A study has shown that consuming a Spezza.fame by Sano e Sazio portion contributes to reduce the sense of hanger.*

# ARTICLES AND CODE



**Article Code: PFISNK0040**  
**Box 8 pz. from 30g**



**Article Code: PFISNK0039**  
**Box 8 pz. from 30g**



**Article Code: PFISNK0038**  
**Box 8 pz. from 30g**





# WEIGHTS AND MEASURES



**Packing size in centimeters**  
18,5h x 16,5l x 3p  
Weight: 30g



**Box size in centimeters**  
15,5h x 38l x 14,5p  
Net weight: 0.390kg  
8 pz.



**Euro Pallet size in centimeters**  
77h x 80l x 120p  
Net weight: 25kg + pallet weight  
parcels n° 64 (16box for 4 levels) - pieces 512



# SANO E SAZIO®

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Organismo di Controllo  
autorizzato dal MiPAAF  
IT BIO 014  
Agricoltura UE/NON UE  
Operatore controllato N° 449  
IT-BIO-014  
EU/NON EU AGRICULTURE



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**www.sanoesazio.it**

**LE**  
**VILLAGE**  
by 



**Sblocca il tuo futuro!**



Iniziativa finanziata con risorse del FSE - PO Puglia 2014/2020 Azione 8.4 e del Fondo per lo Sviluppo e la Coesione

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